Dear Friends,

**Thank you for supporting TROSA.**

Together, over the past year, we provided comprehensive recovery services to nearly 500 men and women each day—all at no cost to those we serve. Our daily care includes housing, food, clothing, health services, vocational training, counseling, education advancement opportunities, continuing care for our graduates, and so much more.

While we help men and women overcome addictions to all substances, opioids remain the most-reported primary drug of addiction for our residents, and this mirrors what our nation is experiencing. According to a new report, *Facing Addiction in America: The Surgeon General’s Spotlight on Opioids*, in 2017 the United States lost more than 131 lives to opioid overdose deaths each day.

As the need grows, so does our response. And thanks to your generous support, this past year has been a time of transformative growth here at TROSA. In November 2017, we opened our new Comprehensive Care Center. Funded thanks to an outpouring of generosity from public and private donors, the Care Center enhances the vital services we bring to our residents.

This past year also saw us move forward in the planning stages of expanding to a second location in the Triad region of North Carolina, and we look forward to sharing our plans with you soon.

Thank you for taking the time to read about the highlights of our year. Your generous contributions make all these achievements possible.

Continued thanks,

Kevin McDonald  
TROSA Founder, President, & CEO  
Greg Britz  
Chair, TROSA Board of Directors

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**2017-2018 Board of Directors**

- Greg Britz – Chair  
- Catherine Gilliss – Vice Chair  
- Tom Allin  
- David Freed  
- Dan Glaser  
- Wendy Kuran  
- Fran Mauney  
- Kevin McDonald  
- Prue Meehan  
- Joyce Mitchell-Antoine  
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- Ernest C. Roessler  
- Gail Roper  
- Lao Rubert  
- Matt Springer  
- T. Stran Summers  
- Tad vanDusen  
- Jonathan Woodall

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**A year of success... thanks to you!**

2017-2018 was another successful year for TROSA thanks to your generosity and support.

At our 3rd annual BBQ & Friends fundraiser, we raised a record amount of revenue: over $80,000!

An award-winning year for TROSA! Thanks to everyone who voted for us in these local awards:

- **Indy Week:**  
  - Best Charitable Group  
  - Best Nonprofit in Durham County  
  - Best Landscape Company  
  - Best Moving Company  
  - Best Furniture Store  
  - Best Home Furnishing Store

- **Durham Magazine:**  
  - Best Landscaper  
  - Best Thrift Shop

Thank you for your support...
TROSA opens new Comprehensive Care Center thanks to successful capital campaign

Thanks to the generosity of our supporters, TROSA completed its first-ever capital campaign and opened our new 10,000 square foot Comprehensive Care Center on November 1, 2017. The modern building adds examination rooms, private counseling rooms, and expanded classroom space. This building fully integrates our Health Services and Intake department under one roof. Last year, our Intake office received an average of 80 calls a day. With demand for TROSA increasing, integrating our departments was critical to serving the needs of future and current residents.

Our great thanks to the General Assembly of North Carolina; to our building partners CT Wilson Construction, Coulter Jewell Thames, and MHAworks; and to our lead donors Peter J. and Prudence F. Meehan, Oak Foundation, Blue Cross and Blue Shield of North Carolina, and Duke Health. For more information about the Comprehensive Care Center, please visit www.trosainc.org/comprehensive-care-center

TROSA is expanding to the Triad

Due to the growing need for our unique recovery services, TROSA announced plans to open a second campus in the Triad, which includes Forsyth and Guilford counties. TROSA Triad is projected to open in 2019. It will be a smaller campus, with plans to serve a daily average of 200 residents within its first three years of operation. We look forward to sharing more in the coming year!

Why the Triad? The need for TROSA grows: Forsyth and Guilford counties have been 2 of TROSA’s top 5 most-served counties.

Celebrating 25 Years

In 1994, TROSA opened its doors to serve its first 13 residents. In 2019, we will celebrate TROSA’s 25th anniversary—25 years of helping individuals on the path to recovery. We absolutely could not have reached this milestone without dedicated supporters like you. To stay updated with anniversary happenings throughout the year, please sign up for our e-newsletter at www.bit.ly/TROSA-News.

Donate & Learn More
Visit: www.trosainc.org/donate
Email: development@trosainc.org
Call: 919-419-1059
**How TROSA serves**

In 2017-2018, TROSA served 925 men and women. On average, we served 472 residents each day.

- We coordinated 8,777 medical appointments.
- We cooked and served 516,471 meals.
- We prepared 99 men and women to earn their GED.
- 100% of TROSA graduates had employment upon leaving the program.

TROSA serves our most vulnerable citizens. Here’s a snapshot of our 2017-2018 resident population before they came to TROSA:

- Homeless: 360
- Unemployed: 421
- Formerly Incarcerated: 783
- Uninsured: 859
- No GED/High School Diploma: 212

**An investment that saves lives**

*Percentages reflect TROSA’s 2017-2018 fiscal year

**REVENUE**
- 72% Earned revenue: Social enterprises & donated goods and services
- 23% Philanthropic support, government grants & contracts
- 5% Other

**EXPENSES**
- 92% Program services
- 5% Administration
- 3% Fundraising

Last year, it cost about $17.6M to keep TROSA open for the year, providing 24-hour services to our clients.

**What are TROSA's Social Enterprises?**
- TROSA Moving and Storage
- TROSA Lawn Care
- TROSA Thrift Store
- TROSA’s Holiday Tree Lots

Managed and operated by residents and graduates of our program, these provide much more than earned revenue. They also serve as invaluable vocational training for our residents that help to build job and life skills, such as teamwork.

**Inspiring Numbers!** One year after graduation, 90% of graduates report staying sober and having employment.
TROSA welcomes graduates to staff positions

70% of TROSA’s staff are graduates of residential recovery programs, and most have graduated from TROSA. In 2017-2018, TROSA welcomed two graduates as staff members: John, Residential House Manager in our Men’s Program, and Daniel, Construction Field Operations Manager.

As TROSA continues to grow and our staff needs increase, we look to our TROSA graduates to lead the way as role models for all of our residents, providing a unique, personal perspective on what it means to struggle with—and overcome—addiction.

Spotlight on new TROSA graduate staff member: John

John, from Greensboro, went through a long-term program for his alcohol use disorder in the 1990s. He met his wife at that program, and both were clean and sober for many years until his wife developed hepatitis C and cirrhosis of the liver—the sad legacy of prior drug use. She passed away in 2014, and John turned to pain pills and alcohol to cope with the pain of losing her. He realized that was not the legacy she would have wanted for him, and that he needed help. John turned to TROSA to start over, to help him regain his sobriety, and to counsel him in his grief.

Being at TROSA helped John figure out what gives him purpose—mentoring the new TROSA residents. When he graduated from the program, he applied to be Staff-in-Training, a competitive structured internship for graduates with the goal of becoming a staff member. In September 2017, he was hired as Residential House Manager in the Men’s Program. John is a role model to many here at TROSA, and we are proud to give him the opportunity to let his talents shine.

“Helping others is what makes me happy,” says John.