At TROSA, we tend to look forward: to new beginnings, new hope, new lives. But this year marks our fifteenth anniversary, a big milestone for what began as a few people with vision, a dilapidated schoolhouse, and a real need to fill, so we thought it was a good time to look back.

“What if TROSA had never been started?”

If TROSA weren’t here, Jesse Battle wouldn’t be a certified substance abuse counselor and residential facility director, helping hundreds of men each year reclaim their own lives. He wouldn’t be a homeowner, husband, and taxpayer. Clean and sober for 14 years, Jesse was one of the first TROSA graduates. His lifestyle landed him in and out of prison until he finally decided, “It’s time to try something different.”

If TROSA weren’t here, Mary would still be prostituting herself to support her crack addiction. Now, she’s maintaining her sobriety for the longest period in her adult life, rebuilding her relationship with her family, and learning leadership at TROSA. Mary is a resident leader and the first person that all women new to TROSA work with. Mary’s helped dozens of women make the difficult transition from their addiction to TROSA’s program: and they tell her, “Miss Mary, you helped me stick it out.”

If TROSA weren’t here Ricky wouldn’t be working in our award-winning moving company and looking forward to seeing his children and parents, sober. For 14 years, Ricky was addicted to heroin, and family get togethers were always bittersweet, with Ricky knowing that his addiction brought shame and sadness to his family. After a year at TROSA he has “a new way of thinking” and a bright future.

Thankfully, TROSA was here.

In the past 15 years, TROSA’s mission hasn’t changed: to help substance abusers become healthy, productive members of their community. In the process we’ve restored buildings, started businesses, and changed attitudes. But the most important thing we do, day after day, is to be here: to be ready for the people who need us, the people who want to change their lives, and to help them.

We couldn’t be here without your support, and we thank you.

Look inside to see more of what we’ve been doing this year and every year since 1994.

Kevin McDonald  
President & CEO

Tony Brown  
Chair, Board of Directors
TROSA 15 Year Milestones

1994
TROSA Founded

1995
Moving Company Established

1996

1997
First Graduates

1998
James St. Campus Renovations Begun

1999
First Christmas Tree Fundraiser

2000
100th Graduate

2001
Kevin McDonald Given Leadership for a Changing World Award by The Ford Foundation

2002

2003
Partnered with Duke Addictions Program

2004
Volunteer Physicians Began Weekly Clinic

2005
500th Graduate

2006
Earned State License as a Therapeutic Community

2007
Furniture Store Moved to Renovated Space in Downtown Durham

2008
Federal Grants Awarded to Work with Homeless and Veterans

2009
1000th Graduate
“Your life stops when you pick up that drug.”

Everyday we serve over 350 people

By providing free of charge:

- Evidenced-based recovery services
- Specialized counseling and support
- Meals, housing, transportation, and clothing
- Primary care and access to specialized medical care
- Psychiatric services

By teaching:

- Vocational and customer service skills
- Leadership
- Peer support
- GED preparation and literacy
- Business communication and job preparedness
- Parenting, relationship, and life skills

With the help of:

- Professional paid staff, over 50% of whom are program graduates
- Over 35 volunteer physicians, psychiatrists, and dentists
- Fifteen community leaders serving on our board
- Over 20 volunteer tutors and teachers
- Hundreds of community volunteers
"TROSA got me out of my misery.” Ricky

In Recovery 12 Months

2008-July 1, 2009

Paid for with:

- Over $5 million in earned business revenue
- Federal grants for work with veterans and the homeless
- Philanthropic leadership from The Stewards Fund
- Generous financial support from individual donors
- Product donations from local and national companies

Recognized by:

- Greater Durham Chamber of Commerce
  Small Business Excellence Award, 2008
- Social Enterprise Alliance: Innovation Award, Kevin McDonald, 2009
- Purpose Prize Fellow, Kevin McDonald, 2009
- Durham Convention & Visitors Bureau:
  Social Enterprise Innovator, 2009
- Independent Weekly Award for Best Movers, 2009

Together, we were able to:

- Graduate 115 people to a new, sober life
- Help 100% of our graduates obtain full-time employment at the time of their graduation
- Send 85 people to further their education with GED test-taking and college courses
- Enable 69 people to have their driver’s licenses reinstated
- Provide 24 graduates with their own refurbished automobiles
- Serve the community by volunteering over 5,000 hours at Triangle-area events
People enter TROSA under a range of circumstances and entry is always voluntary. About 35% enter TROSA as an alternative to incarceration, and for many like Lamarr, TROSA is not their first attempt at rehabilitation. Lamarr’s addiction to crack cocaine persisted for years. Similar to many people who come to TROSA, Lamarr was ashamed of his addiction and his inability to quit on his own. Lamarr is now training in TROSA’s catering department under Willie Lane, himself a TROSA graduate.

Entry

“I was tired of running.” Lamarr

Six Months

“At six months I started to feel that I could live without help. The open arms I found TROSA was my leader and role model, President’s Office.

Kelly echoes many residents begin to feel that six months, residents begin to feel a sense of independence, as they have accumulated several months that all residents achieve that goal -and a three failed attempts at longer living unemployed. The opening of the TROSA unveiled his upper middle class lifestyle in less than a year. While smoking crack he lost his friends, his home, his retirement, and his family. Between 18 and 24 months, TROSA participants begin actively preparing for life after TROSA. They manage their finances, visit family more often, and begin looking outward to life beyond TROSA. Dennis, who was addicted to prescription painkillers and crack cocaine, is now a TROSA graduate and works in TROSA’s aftercare department, helping residents prepare for this transition. Through the TROSA Scholars program, Dennis is also studying to become a nurse.

One Year

“It took one year, one whole year for my mind to really be clear. The more clean time I had, the more pride I had.” Dennis

For many residents reaching the one year milestone is a major accomplishment because it represents the longest stretch of sobriety in years or decades. After one year, residents begin reconnecting with family and friends, taking classes at local colleges and living in TROSA apartments. They assume more and more leadership positions and begin looking outward, to life beyond TROSA. Dennis, who was addicted to prescription painkillers and crack cocaine, is now a TROSA graduate and works in TROSA’s aftercare department, helping residents prepare for this transition. Through the TROSA Scholars program, Dennis is also studying to become a nurse.

Eighteen Months

“I’m just beginning to forgive myself months is when I’ve seen the biggest change. For many residents reaching the one year milestone is a major accomplishment because it represents the longest stretch of sobriety in years or decades. After one year, residents begin reconnecting with family and friends, taking classes at local colleges and living in TROSA apartments. They assume more and more leadership positions and begin looking outward, to life beyond TROSA. Dennis, who was addicted to prescription painkillers and crack cocaine, is now a TROSA graduate and works in TROSA’s aftercare department, helping residents prepare for this transition. Through the TROSA Scholars program, Dennis is also studying to become a nurse.”

Greg’s biggest regret is that the last time he saw his children, he didn’t say goodbye. His addiction to crack cocaine unraveled his upper middle class lifestyle in less than a year. While smoking crack he lost his friends, his home, his retirement, and his family. Between 18 and 24 months, TROSA participants begin actively preparing for life after TROSA. They manage their finances, visit family more often, and begin looking outward to life beyond TROSA. Dennis, who was addicted to prescription painkillers and crack cocaine, is now a TROSA graduate and works in TROSA’s aftercare department, helping residents prepare for this transition. Through the TROSA Scholars program, Dennis is also studying to become a nurse.

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“At graduation, I walked out of the shame, and I liked who I had become.” Robyn

Graduation and Aftercare

“At graduation, I walked out of the shame, and I liked who I had become.” Robyn

“r what I did. Between 14 and 18

ings. I’m changing inside.” Greg

Robyn graduated from TROSA’s two year program on November 9, 2008 and still beams when she recounts what she says was a moment of intense personal pride. When she began at TROSA she had lost her job, her home, her car, and had sold almost all of her possessions to pay for drugs. Today, Robyn remains at TROSA as a full-time staff member and lives in TROSA’s sober, low-cost housing.

TROSA takes great pride in the fact that all of our graduates, like Gwen (above) who graduated in August, find full-time employment upon graduation and are supported with an array of services including: low-cost housing, counseling groups, and transportation needs for up to one year if requested. Those who do become staff members serve as true role models for the residents of the two year program. They show that there is life after drug addiction.

A recent study showed that one year after graduation, 92% of TROSA graduates had maintained their sobriety.

TROSA earned increased responsibility and greater leadership roles, and have typically months of steady job training. It’s at this point when she says that it took months to be able live without drugs or alcohol. After six months, Kelly entered TROSA, with an education

ents when she says that it took months to be able live without drugs or alcohol. After six

months, Kelly entered TROSA, with an education

grades long addiction to alcohol and several

rehabilitation. By then her children were no

with her, she had lost her home, and was

imploring suicide, Kelly called a hotline for help or kept her on the phone for hours until he arrived. Now with over a year of sobriety, she is a model and works as an administrator in our inkind department, supervises a group of residents in a TROSA townhouse. For Greg “Graduation will

was all I could be.” Tenika In Recovery 8 Months

ed to have hope. I started to see without alcohol.” Kelly

A recent study showed that one year after graduation, 92% of TROSA graduates had maintained their sobriety.
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2008-09

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Gilero Inc.

TRIANGLE RESIDENTIAL OPTIONS FOR SUBSTANCE ABUSERS, INC.

CONSOLIDATED STATEMENTS OF ACTIVITIES
For the Year Ended June 30, 2009

Revenues and Gains

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Service fees</td>
<td>$5,888,170</td>
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<tr>
<td>Donated materials and services</td>
<td>$3,526,808</td>
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<tr>
<td>Contracts and grants</td>
<td>$426,614</td>
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<tr>
<td>Rental income</td>
<td>$189,898</td>
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<tr>
<td>Contributions</td>
<td>$701,492</td>
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<tr>
<td>Transitional care revenues</td>
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<tr>
<td>Other income</td>
<td>$6,800</td>
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<tr>
<td>Interest income</td>
<td>$8,510</td>
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<tr>
<td>Total unrestricted revenues and gains</td>
<td>$11,068,558</td>
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</tbody>
</table>

Net assets released from restrictions: satisfaction of purpose restrict $170,204

Total unrestricted revenues, gains, and other support $11,238,762

Expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
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<tbody>
<tr>
<td>Program services</td>
<td>$8,868,933</td>
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<tr>
<td>Management and general</td>
<td>$1,213,775</td>
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<tr>
<td>Fundraising</td>
<td>$218,126</td>
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<tr>
<td>Total expenses</td>
<td>$10,296,834</td>
</tr>
<tr>
<td>Loss on disposal of building improvements, furniture, and equipment</td>
<td>$61,638</td>
</tr>
<tr>
<td>Total expenses and losses</td>
<td>$10,358,472</td>
</tr>
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</table>

Increase in unrestricted net assets $880,290