“Each One, Teach One...”

TROSA is an innovative, multi-year residential program that enables substance abusers to be productive, recovering individuals by providing comprehensive treatment, work-based vocational training, education, and continuing care.

“Hope and Commitment”

“We made a commitment together as a family. There was no question about whether he would stay in the program.”

When asked about his family’s experience with a resident in the program, Ted Seawell’s words were firm and unwavering, much like the support the Seawells gave to son, Alan, who graduated from TROSA’s intensive rehabilitation program in 2000. Like other fathers and family members of program residents, Ted Seawell never gave up hope, despite years of anguish, disappointment, and estrangement from Alan. Alan Seawell, now 43, recently celebrated his 10th year of sobriety and works as the Manager and General Contractor of the Construction Department at TROSA. He has unending gratitude for his family’s commitment and support during his battle with addiction and throughout his long journey to recovery. Alan came to TROSA in 1998 after spending nearly half of his life in a destructive cycle of jail, unhealthy relationships, and rehabilitation programs. TROSA was perhaps the last opportunity to break that cycle.

By the time he was 32, Alan was the divorced father of one young son, Ben, and a convicted felon facing five years in prison. Alan’s drug and alcohol abuse had rendered him incapable of being a responsible parent or a trustworthy son. Ted and Anne Seawell describe the feelings of many families of an addict/alcoholic. Anne recalls their embarrassment about Alan’s behavior and their anger with him for the pain he had caused their family. Nonetheless, when Alan made the decision to seize the second chance that TROSA offered, his father became a strong advocate for him in court, speaking on Alan’s behalf to be probated to TROSA in lieu of incarceration.

Mr. and Mrs. Seawell were in their mid-sixties when Alan began his recovery at TROSA. Weary from the past, they found themselves relieved and hopeful about his future. During the two-year program, they cared for their grandson, Ben, and continued to be supportive of Alan. Anne remembers the day of their first family visit: for the first time in years, she says, she “could see her son again.” “Alan became honest again,” she continues. “He started listening to us and could tell us how he felt.” The Seawells were proud of their son’s progress, although, admittedly, it took several more years for Alan to regain their full trust, before they could really believe Alan, believe in what he said, and trust that he would do the right thing. Over time, however, Alan has rebuilt his parents’ trust and renewed their respect.

The Seawells are also proud of Alan’s dedication to his son, Ben. Alan and Ben wrote to each other while Alan was in recovery, and once he graduated from TROSA, Alan took full responsibility for Ben’s welfare. Alan provided his son with a stable home to grow up in and a loving father to look up to. Ben Seawell remembers a difficult relationship with his father in the years before TROSA, unable to spend quality time with him, and unable to depend on him to fulfill typical fatherhood responsibilities. Now, at 20, Ben feels no resentment toward his father. He’s happy that his dad has turned his life around and is thankful that TROSA was there to help him do it.

When asked what advice they would give to other parents whose children are battling addiction, The Seawells had this advice: “Give your children your full support, but don’t enable them. You have to let them reach bottom... Then look into TROSA and see what the program has to offer.”
BUSINESS SPOTLIGHT

TROSA Furniture and Frame Shop

Tucked away on Foster Street in downtown Durham is a two-story brick building where craftsmanship, quality furniture, and beautiful art come together to create an atmosphere of style and hospitality. The TROSA Furniture and Frame Shop, at 313 Foster Street (across from the YMCA), is a bargain hunter’s haven and a great place to find gently used furniture and home décor for every room in your house. Store Manager and TROSA graduate, Tim Shepard, invites customers to drop by and take a look at the Furniture Shop’s great selection of:

- sofas
- end tables
- dining room sets
- book shelves
- easy chairs
- artwork

Customers are also encouraged to venture upstairs to the Frame Shop where they’ll find TROSA residents hard at work custom-fitting frames for paintings, mirrors, and a host of other specialty items and memorabilia. The Frame Shop offers an array of services and products at affordable prices including:

- shadow boxes
- canvas stretching
- glass cutting
- archiving materials
- custom-cut mirrors

ALL with many frame styles and matting options!

(The Frame Shop can complete orders in just two weeks.)

Seven Days a Week

Full-service office cleaning
Stripping & waxing floors
Carpet cleaning

Also, one-time projects:

- Banquets
- Parking lot tailgates
- Stadium sporting events
- Annual corporate outings

We provide cleaning services around YOUR needs and YOUR schedule!

For information, contact us at:
919-680-8932 X 1419
919-680-8948 (FAX)
cleaning@trosainc.org

REMEMBER...
Stop by the TROSA Furniture and Frame Shop on Friday evenings (5 – 7 pm) to take advantage of the 50%-off sale on select items.

TROSA HAILE AS SOCIAL PIONEER

TROSA was among eight organizations recognized on April 29 by the Durham Visitors and Convention Bureau for “Pioneering Durham’s Reputation for Social Enterprise.” Former Durham Mayor Wib Gulley, who emceed the Bureau’s Annual Tribute Luncheon, described the honorees as organizations that go to “the darkest corners of the community” to “shine lights” and find meaningful ways to solve social issues. “Many of these social enterprises are now models for the entire country,” he added.
TROSA
CELEBRATES
SPRING GRADUATES

TROSA staff and residents gathered on Sunday, May 17th to honor this spring’s 26 graduates of the two-year residential program. Family and friends and a large cadre of TROSA alumni filled the auditorium at the NC School of Science and Math. Kevin McDonald welcomed the capacity crowd and introduced Commencement Speaker, Earl Phillips, Asst. Director of Neighborhood Improvement Services for the City of Durham and Board Chair of the county’s LME, The Durham Center. After receiving his/her ring and diploma, each graduate addressed the audience, most offering heart-felt thanks to family, friends, and staff for their support over the 24 months of the program. TROSA holds a graduation ceremony four times a year to celebrate the achievements of its over 100 annual graduates.

Kevin McDonald received the 2009 Social Enterprise Innovation Award at the 10th annual Summit of the Social Enterprise Alliance, held in New Orleans, April 15-17. McDonald was one of only two individuals honored by the national organization as a part of its commitment to “highlighting exemplary practice.”

TROSA CFO Keith Artin received the 2009 Alumni Award for Exemplary Service at the annual Fuqua School of Business Alumni Reunion at Duke University in April. Artin is a 1999 MBA graduate.

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NEW SCHOLARSHIP FUND HONORS FORMER BOD CHAIR GLASER

A group of employees at BlueCross BlueShield of North Carolina recently honored TROSA Board member and former Chair, Dan Glaser, with a TROSA scholarship fund in his name. Monies from the Dan Glaser Scholarship Fund enable TROSA to provide comprehensive residential treatment services to individuals looking for a second chance in life. During these hard economic times, more people are in need of help. The Dan Glaser Scholarship Fund will ensure that they get what they need to turn their lives around. Dan has worked tirelessly on behalf of TROSA for over five years, and we are delighted that his co-workers decided to honor him in this way. If you would like to contribute to this fund, please email our Development Department at development@trosainc.org or go on-line to www.trosainc.org and designate your gift to the Dan Glaser Scholarship Fund. The Stewards Fund will match contributions made prior to January 15, 2010.
Double your impact!

Give someone another chance in life!

The Stewards Fund will match $200,000 in donations received before January 15, 2010 to help pay for housing for residents in TROSA’s two-year treatment program and for new TROSA graduates as they re-enter the workforce and the community.

Please give a gift today!

Contact us at
919-419-1059
development@trosainc.org
www.trosainc.org.

Your donation will be MATCHED by The Stewards Fund and will make a difference in the lives of hundreds of people who come to TROSA for help with their substance abuse.

Help TROSA celebrate its 15th anniversary this year!!

TROSA
1820 James Street
Durham, NC 27707
www.trosainc.org

To change your mailing preferences, please email development@trosainc.org.
To subscribe to our E-newsletter, please visit our web site at www.trosainc.org.